



Perth Shotokan Karate Academy

Registered Charity Number: SC045582

Unit 8 Inchcape Place, Perth, PH1 3DU

www.perth-shotokan-karate-academy.com

Code of Conduct – Parents/Carers

Being a supportive Parent/Carer

Perth Shotokan Karate Academy is dedicated to nurturing the enjoyment and enthusiasm of every child within our sport, through a safe, fun and progressive environment. We aim to create a welcoming and vibrant environment, promoting inclusivity and diversity that caters for participant's needs and aspirations. It is important that athletes participate in the right spirit and in a supportive atmosphere; which allows them to perform to the best of their abilities; valuing and recognising effort as well as results.

To achieve this, we rely heavily on parents/carers to give their support in the right way, all club activities both in and out of the dojo are covered by this code of conduct. Parents/Guardians are asked to abide by this Code of Conduct at all times.

Supporting your athlete:

1. Ensure your athlete is properly prepared – clothing, kit, equipment, food, drink, etc
2. Encourage your athlete to have fun
3. Never condone rule violations or use of prohibited substances
4. Encourage your athlete to respect the rules, and teach them that they can only do their best
5. Ensure that your athlete understands their code of conduct
6. Inspire your athlete to be the best they can be in both in the sport and in life
7. Help them understand the important life lessons to be gained from the sport, such as: leadership, handling adversity, teamwork, persistence, and compassion
8. Establish a positive relationship with your athlete's coach
9. Do not ridicule or shout at your athlete for making mistakes or losing at events/competitions

Supporting our Club:

1. Complete and return all sections of the Activity & Emergency Contact form pertaining to your athlete's participation, medical information and photographic permissions
2. Report any changes to the information in the Activity & Emergency Contact form to the coach/club staff as soon as possible BEFORE they next take part in a session
3. Deliver and collect your athlete punctually before and after sessions/competitions/events and inform the organiser prior to the activity starting if your child is to be collected early
4. Support the club by attending events and fundraising activities when you can
5. Abide by the Club's Acceptable use of mobile phone policy and Social Media Policy



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Supporting our club/team at events and competitions:

1. Encourage all members of the club by applauding their effort
2. Show understanding when athletes make mistakes or if they don't win
3. Be positive. Discuss performances in a constructive manner at an appropriate time, focus on things the athlete did well. Don't dwell on mistakes
4. Support all efforts to remove verbal and physical abuse from sporting activities
5. Respect and applaud other athletes / teams for their efforts, not just your own
6. Behave responsibly and do not use inappropriate language whilst involved in or spectating at club activities, and treat athletes, coaches, club volunteers, technical officials and other parents with due respect
7. Abide by the Club's Acceptable use of Mobile Phone Policy and Social Media Policy

As a Parent/Guardian you have the right to:

1. Be assured that your athlete is safe and protected during their participation in all activities
2. Be informed of problems or concerns relating to your athlete
3. Be informed if your athlete is injured or unwell
4. Have your consent sought for issue such as trips or photography
5. Contribute to decisions within the club
6. Have any concerns about any aspect of your athlete's welfare listened to and responded to

Any breach in this Code of Conduct will be dealt with in accordance with the club complaints and disciplinary procedures.